



▼ Super City: Organic Food and Health

01 Bryanston Organic Market

The oldest organic outdoor market in town, offering wholesome foods, fresh organic and naturally grown produce. Culross Rd, Bryanston, JHB
 Jules@bryanstonorganicmarket.co.za
 www.bryanstonorganicmarket.co.za
 Open Thu: 09:00-16:00; Sat: 09:00-16:00

02 Fruits and Roots

An institution offering personally run services from cooking classes to meditation courses. The restaurant caters for vegan, lacto-vegetarian and lacto-ovo vegetarians. No sugar, all cold-pressed oils, mostly organic, all wholefoods mostly gluten free. Situated close to Montecasino, as well as the Organic Village Market.
 Shop 013, Cnr Grosvenor and Hobart Rd, Bryanston, JHB
 T: 011 463 8928
 robert@fruitsandroots.co.za, www.fruitsandroots.co.za
 Open Mon-Fri: 09:00-18:00; Sat: 09:00-16:00

03 Greenlands

Parkhurst's new dedicated health store offers vitamins, an organic deli and homeopathic remedies.
 0, 4th Ave, Cnr 7th St, Parkhurst, JHB
 T: 011 880 9044
 greenlands.kim@axxess.co.za
 Open Mon-Fri: 08:30-18:00; Sat: 09:00-14:00

04 Organic food at supermarkets

Woolworths, Pick n Pay and Checkers chain stores offer a range of organic products.

▼ Super City: Cafés

05 Bean There Coffee Company

Drink responsibly with Bean There's wide range of Fair Trade coffees. Take home beautifully labeled, freshly roasted coffee from Ethiopia, Rwanda, Kenya and Tanzania.
 44 Stanley Ave, Milpark, JHB, 2002
 T: 011 726 4883 / 086 135 2686
 coffee@beanthere.co.za, www.beanthere.co.za
 Open Mon-Fri: 07:30-18:30; Sat: 09:00-16:00

06 Black Forest Bakery

This German bakery has incredible home baked breads and pastries, based on recipes from generations of bakers. The shop has two small tables at which you can enjoy your delicacy with an old school cup of coffee.
 102 Juts St, Braamfontein, JHB
 T: 011 403 0065
 Open Mon-Fri: 06:30-18:00; Sat: 07:30-18:00

07 Café Desiré

A desirable selection of boutique pastries and customised cakes on offer.
 Shop No.2, Reithmere Court Melrose, JHB
 T: 011 440 3406 / 076 449 9422
 F: 086 669 8194
 desire@cafedesire.co.za, www.cafedesire.co.za
 Open Mon-Fri: 07:00-21:00; Sat: 08:00-21:00; Sun: 08:00-18:00

08 French Corner Bakery

Melt in the mouth french pastries.
 277 Main Rd, Cramerview Village, Bryanston, JHB
 T: 011 463 6808
 Open daily

09 La Patisserie

Great petit fours-esque, pink and white interior.
 Shop 24, Post Office Centre, 30 Rudd Rd, Illovo, JHB
 T: 011 268 0044
 Open Mon-Fri: 08:30-17:30; Sat: 08:30-14:30

10 Market Place Natural Foods Deli

Delicious take away meals and snacks. Various home made ice cream flavours, including their famous Lemon Meringue ice cream.
 9 Graffon Ave, Craighall Park, JHB
 T: 011 447 4436

11 Nice

This little café/restaurant keeps customers coming back for their friendly service and decadent chocolate cake.
 Cnr 14th St and 4th Ave, Parkhurst, JHB, 2120
 T: 011 788 6286
 carls@nicebooks.co.za
 Open Tue-Sun: Breakfast & Lunch 08:00-16:00;
 Thu-Fri: Dinner 20:00-23:00 by reservation only

12 Park Café

We could mention the Park Café's amazing salads and sandwiches or even the intimate environment, but it's their incredible coffee that takes the cake.
 Lower Ground Fl, The Parks Shopping Centre, Cnr Wells St and Jan Smuts Ave, Parkwood, JHB, 2193
 T: 073 444 1700
 info@parkcafe.co.za
 Open Mon-Sat: 07:30-17:00

13 The Boat

Authentic continental take away, with inspiring sandwich creations.
 44 Stanley Ave, Milpark, JHB, 2002
 T: 011 482 7793
 Open Mon-Fri: 07:30-18:30; Sat: 07:30-16:00

14 Vovo Telo

Superb homebaked breads, patisserie and coffee. Excellent breakfast and great lunchtime menus.
 44 Stanley Avenue, Milpark, JHB, 2002
 T: Mat 083 399 4233 / Merisa 082 468 0362
 www.vovoteloco.za
 Open Mon-Sat: 08:00-18:30; Sun: 08:00-14:00

15 Wolves

The newest coffee shop on Corlett is certainly worth a visit. Nibble on a chocolate moustache and their much-talked-about red-velvet cake.
 4 Corlett Dr, Illovo, JHB
 T: 083 460 3014
 hello@wolves.co.za
 www.wolves.co.za

▼ Super City: Restaurants

16 Assaggi

Mother and son team known for making the best pasta in the country - a highly recommended Italian culinary experience.
 Post Office Centre, 30 Rudd Rd, Illovo, JHB
 T: 011 268 1370
 Open Tue-Sat: Lunch 12:00-14:00;
 Mon-Sat: Dinner 18:30-21:00

17 Bellini's

With its simplistic signature menu, good quality food and loyal following, Bellini's never fails to impress.
 18 Chaplin Rd, Illovo, JHB
 T: 011 880 9188
 Open Mon-Thu: 11:30-18:00 & 18:00-22:00;
 Fri-Sat: 11:30-22:00

18 Browns

Once an old farmhouse, Browns has become synonymous with premium wines and fine dining. Diners can also choose from over 30 varieties of delicious international cheeses. The perfect location for an intimate dinner, celebration or business lunch.
 21 Wessels Rd, Rivonia, JHB
 T: 011 803 7533
 www.browns.co.za
 Open Mon-Fri: 12:30-22:30; Sat: Dinner 18:30-22:30;
 Sun: Lunch 12:30

19 Cranks

Indonesian, Thai and Vietnamese cuisine with a comfy and casual atmosphere. Beware of the off-the-wall decor.
 Shop 169, Mall Of Rosebank, Cradock Ave, Rosebank, JHB
 T: 011 880 3442
 Open Mon-Sun: Lunch & Dinner 11:00-23:00

20 Ghazal North Indian Restaurant

Ghazal offers a superb variety of authentic North Indian cuisine and is set in a relaxed, warm and inviting environment.
 Shop 28/29, Coachmans Crossing Centre, Peter Place, Bryanston, JHB
 T: 011 706 9826
 Open Mon-Sun: 12:00-23:00

21 Koi Restaurant & Sushi Bar

If you love sushi, seafood, fusion and Asian cuisine, this restaurant should be at the top of your list.
 24 Central, Shop No 5, Cnr Fredman Dr and Owen Ln, Sandton, JHB
 T: 011 883 7247
 www.koirest.co.za
 Open Mon-Sun: Lunch 12:00-16:00;
 Mon-Sat: Dinner 18:00-22:30

22 La Campagnola

Serving superb, award-winning Italian cuisine, La Campagnola has a well stocked deli with an interesting selection of Italian delicacies, as well as a wine list offering well known Italian wines alongside a good selection of South African estates.
 Shop 9 & 10, Hobart Centre, Cnr Hobart and Grosvenor Rd, Bryanston, JHB
 T: 011 463 4199
 Open Mon-Sun: Lunch 12:00-14:30;
 Tue-Sat: Dinner 19:00-21:30

23 La Cucina Di Ciro

Find truly inventive dishes and a seasonal menu whilst watching your food being prepared. Ciro, says the cuisine is "very much my own". Find truly inventive dishes on his seasonally changing menu. La Cucina di Ciro serves breakfast, lunch and dinner.
 43, 7th Ave, Parktown North, JHB
 T: 011 443 6187
 www.lacucinadiro.co.za
 Open Tue-Sat: 08:30-22:00; Sun: 09:00-14:00

24 La Rustica

A wholesome, traditional Italian trattoria with outdoor garden sections perfect for lazy Italian Sunday afternoons.
 103 Houghton Rd, Cnr of Lloyds Ellis Ave, Houghton Estate, JHB
 T: 011 728 2092
 www.larustica.co.za
 Open Tue-Fri: 12:00-16:30; 18:00-22:30;
 Sun: 12:00-16:30

25 Moyo, Zoo Lake

With a uniquely attractive tourist facade, this popular Moyo offers terrific westernised African cuisine in a tranquil and family-friendly environment.
 1 Prince of Wales Dr, Parkview, JHB
 T: 011 846 0058
 anis@moyo.co.za, www.moyo.co.za

26 Orient

Glitzy and glamour, paired with beautifully presented contemporary Asian cuisine.
 4, The High St, Melrose Arch, JHB
 Open Mon-Sun: 12:00-22:30
 T: 011 884 1616

27 Piza é Vino

A warm pizza joint with an oven that will melt your heart, and not just the mozzarella on your delicious Classic Margherita.
 The Piazza, Corlett Dr, Melrose North, Melrose Arch, JHB
 T: 011 684 2730
 Open Mon-Sat: 08:00-22:00
 Sun: 08:00-21:00

28 Turn 'n Tender

A welcoming, tasteful bistro offering ultra appetizing cuisine. Parktown Quarter, Cnr 3rd and 7th Ave, Parktown North, JHB
 T: 011 788 7933
 www.turnntender.co.za
 Open Mon-Sat: 12:30-22:00; Sun: 12:00-21:00

29 Tortellino D'Oro

This deli style restaurant offers an assortment of pre-prepared pasta sauces, home made pastas, breads, and desserts. Our favourites are the pizza slices.
 Cnr Pretoria St and Victoria Rd, Oaklands Shopping Centre, JHB
 T: 011 483 1249
 www.tortellino.co.za
 Open Mon-Sat: 09:00-23:00; Sun: 09:00-16:00

30 Troyeville Hotel

A family run business renowned for their ability to whip up tasty fish & chips. Relax and unwind in the Portuguese styled interior with a game of snooker or enjoy a beer on the terrace.
 25 Bezuidenhout St, Troyeville, JHB
 T: 011 402 7709
 www.troyevillehotel.co.za
 Open daily

31 Willoughby & Co

Delicious seafood and super fresh sushi, this deli-styled restaurant is the place for a quick bite or satisfying meal.
 Shop LME2, Hyde Park Shopping Centre, Hyde Park JHB
 T: 011 326 6107
 www.willoughbyandco.co.za
 Open Mon: 12:00-16:30; Tue-Sun: 12:00-22:00

▼ Super City: Nightlife

32 Kitchener's Carvery Bar

With 100 years behind them, they manage to maintain a contemporary atmosphere. What was once an ordinary bar for guests, has now transformed into a popular hangout for the club scene featuring an old school DJ booth.
 Cnr De Beer and Juts St, Braamfontein, JHB
 Open Thu-Sat

33 Southern Sun Hotel Bar, Hyde Park

You won't find avant-garde drinks here, just perfectly balanced renditions of the classics, served in a perfectly civilized atmosphere. The bar is in good company with the globally renowned Bice Ristorante.
 1st Rd, Hyde Park, JHB (next to the Hyde Park Shopping Centre)
 T: 011 341 8080
 www.southern.sun.com

34 The Attic Bar

This contemporary neighbourhood restaurant and bar is the perfect place to make the most of a sunset whilst chatting, sipping and snacking. The bar delivers a relaxed atmosphere and stiff yet superb cocktails.
 Cnr 4th Ave and 10th St, Parkhurst, JHB
 T: 011 880 8102
 Open Mon: 18:00-22:00; Tue-Sun: 12:00-16:00 & 18:30-22:00

35 The Bank

Similar to that of its neighbouring clubs, The Bank is pimped-out with leather furniture, a shiny cocktail bar and commercial DJ music. Established by the founders of 206, 88, Carfax and Tokyo Star, this spot could become your regular hangout.
 9a Parklands Centre, Keyes Ave, Rosebank, JHB
 T: 011 268 0369
 www.thebankbar.co.za

36 The Factory

The biggest and longest operating gay club in Joburg. Patrons tend to stay by for what can only be described as a bone-rattling experience. Strictly no clothing except for those with a leather fetish.
 6, 6th St, New Doornfontein, JHB
 T: 083 986 2227
 www.thefactorybar.co.za

37 The Guildhall Bar & Restaurant

A 130 year old gold-rush-pioneer, watering hole, with fine wooden detailing and an original wrought-iron balcony. The perfect position for soaking up an ale whilst overlooking the Market Square, one of Joburg's most historical landmarks.
 Cnr Market St and Harrison St, JHB CBD
 T: 011 833 1770
 Open Mon-Fri: 11:00-late; Sat: 11:00-19:00

38 The Jolly Roger

This remarkable dive attracts an eclectic mix of locals and is without fail a regular winner of "Best Neighbourhood Pub". Made famous for its variety of draughts on tap and half-price pizza on Sundays and Wednesdays. As they say, "All roads eventually lead to The Roger".
 10, 4th Ave, Parkhurst, JHB
 T: 011 442 3964

39 Veuve Clicquot Champagne Bar

This intimate and upmarket cocktail bar is situated inside the boutique Peech Hotel.
 The Peech Hotel, 61 North St, Melrose, Sandton, JHB
 T: 011 537 9797
 www.thepeech.co.za

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The publication is gratis. Enjoy!

For more information regarding this publication contact:

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All details are presumed correct at time of print.



GOODMAN GALLERY

JOHANNESBURG

WINTER SHOW

29 MAY-10 JULY 2010

DEBORAH BELL / BILI BIDJOCKA / JODI BIEBER
 LISA BRICE / ADAM BROOMBERG & OLIVER
 CHANARIN / KUDZANAI CHIURAI
 MARCO CIANFANELLI / KENDELL GEERS
 DAVID GOLDBLATT / FRANCES GOODMAN
 JENNY HOLZER / WILLIAM KENTRIDGE
 DAVID KOLOANE / PASCAL MARTHINE TAYOU
 MOSHEKWA LANGA / GERHARD MARX
 THOMAS MULCAIRE / BRETT MURRAY
 SAM NHLENGETHWA / MIKHAEL SUBOTZKY AND
 PATRICK WATERHOUSE / HANK WILLIS THOMAS
 GAVIN TURK / CLIVE VAN DEN BERG
 HENTIE VAN DER MERWE / MINNETTE VÁRI
 NONTSIKELELO VELEKO / JEREMY WAFER
 KARA WALKER / SUE WILLIAMSON



David Goldblatt, BHJ in the Richtersveld in the time of AIDS, 25 December 2003

GALLERY HOURS
 TUESDAY-FRIDAY 09H30-17H30
 SATURDAY 09H30-16H00

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 www.goodman-gallery.com



TONIC

PARKTOWN QUARTER, CNR 3RD & 7TH AVE, PARKTOWN NORTH . T: 0027 (0) 11 327 2028 . www.tonicdesign.co.za

▼ Super City: Interior and Retail Stores

52 Abigail Betz
A South African fashion authority specialising in wedding couture, cosmetics couture, interior design and bridal wear.

53 David Krut Art Books & Publishers
Resources for print and graphic artwork. Also located at Arts on Main.

54 Decade & Wasteland
Vintage interior shop specialising in mid-century furniture.

55 Dokter And Misses
Contemporary Joburg label and design store. Visit their second show space at Gallery CO-OP.

56 Jeremy Stephen Antiques
Specialising in decorative glass, modern design and 20th Century Art.

57 Mooks Clothing
Australian hipster clothing company offering the latest in urban fashion and other cool accessories.

58 Nike Store
Concept store and space for young designers.

59 Paul Smith
It's hard to miss this bright pink store on the corner of 4th Avenue.

60 Tonic Design
Design studio and showroom for interiors with a contemporary classic appeal.

61 Vintage Cowboys
Retro store stocked with collector's classic décor objects, furniture, lighting, ceramics and art.

62 Willow Lamp
A chandelier design studio making use of organic forms and high tech elements with a highly personalised level of craftsmanship.

▼ Super City: Recreational and Outdoor Spaces

Please Note: As with any big city, please be cautious when exploring the following spaces, especially if unaccompanied.

63 Delta Park
A massive open space situated in the middle of the green belt that stretches from Auckland Park to Sunninghill.

64 James & Ethel Grey Park
Beautiful sizable park looked after by the local neighbourhood. Ideal for walking dogs and relaxing away from the noise of the city.

65 Klipriviersburg - Nature Reserve
One of the few areas where the original veld is preserved. Indigenous plants have been cultivated and zebras reintroduced into the area.

66 Melville Koppies
A nature reserve and heritage site. Mountain bikers have carved their lanes across this amazing central view point.

67 The Wilds
A nature reserve in a neighbourhood that is evergreen, providing impressive views, especially from the hilltops.

68 Zoo Lake & Herman Eckstein Park (The Joburg Zoo)
Zoo Lake is a popular place for walking and jogging along its paved path around the lake.

▼ Super City: Tours

69 Bie Venter Art Tours
Bie Venter has customised Art Tours for small groups of discerning tourists interested in exploring the wide range of public artworks in the inner city and galleries on the northern edge.

70 Mhimbi Explorer
Offering personalised cultural, historical and wildlife tours to interesting places.

71 Soweto Bicycle Tours
Eco-friendly, exciting half or full day township cycling tours guide you around the streets of Soweto.

▼ Art: Galleries

01 Brodie/Stevenson
Established and emerging art encouraging critical debate around contemporary art.

02 CO-OP
Project space and showroom for emerging art and design.

03 Circa on Jellicoe
Not your conventional art gallery. There are plans of showcasing new green technologies and hosting lectures on a variety of subjects including music, theatre and dance.

04 Everard Read Gallery
Dealers in distinguished work by South African masters and contemporary artists.

05 Gallery 2
Local and international fine art, sculptures and ceramics.

06 Gallery MOMO
Contemporary and modern multimedia artists predominantly from South Africa.

07 Gallery AOP
Specialists in limited edition prints, drawings and sculptures.

08 Maker
Studio and showroom for art and design craftsmanship.

09 The Goodman Gallery
Established contemporary South African fine artists. An International Art Fair participant.

10 The Goodman Gallery Project Space, Arts on Main
Curated projects by The Goodman Gallery within the context of contemporary art.

▼ Art: Institutions & Organisations

11 Bag Factory
Non-profit organisation offering educational opportunities for visual arts and skills development.

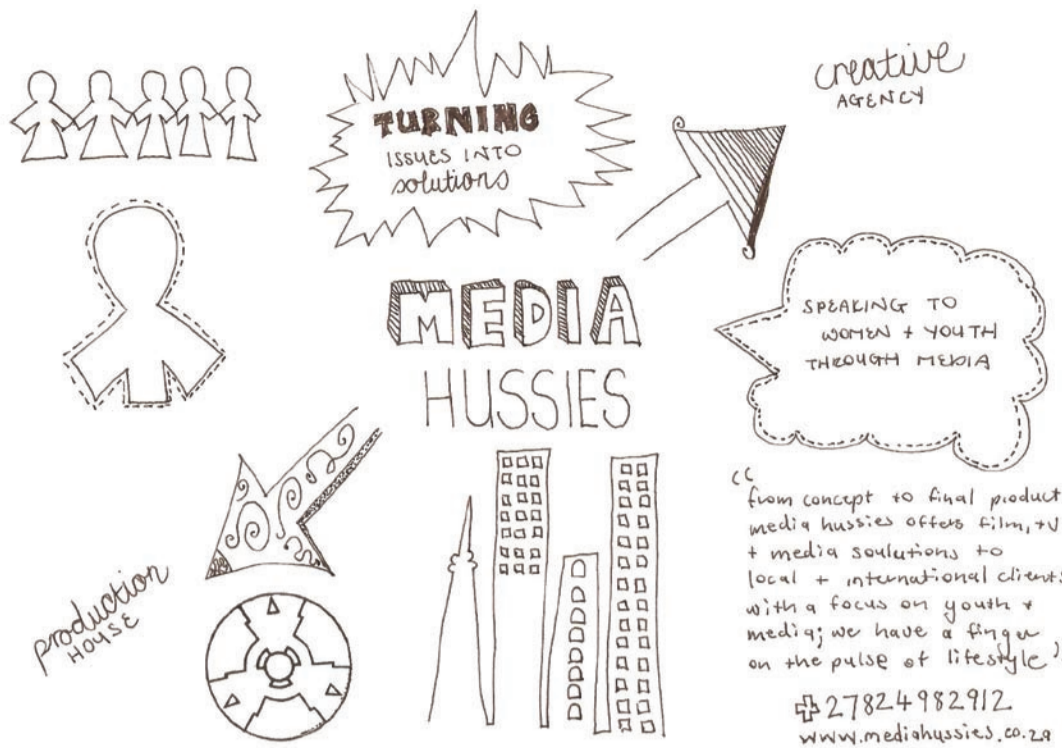
12 Goethe-Institut
The Sub-Sahara institute of the global Goethe network offering a diverse cultural and educational programme.

13 Goethe On Main, Arts on Main
Organized project space by the Goethe-Institut with a focus on their art programmes.

14 Johannesburg Art Gallery (JAG)
As an institution, JAG initiates events and hosts exhibitions within the contemporary art forum.

15 Museum Africa
A permanent display of cultural artefacts with well curated exhibitions.

16 The Photo Workshop Gallery
Photography school and resource centre.



▼ Open Sources: Transport

Use the OpenMobile tags below to gain instant access to our online sources. If you don't have a QR code reader on your phone, download one by going to tinyurl.com/t3e6kn on your handset's web browser and select a free reader for your phone.

Cabs for Women
A fleet of reliable vehicles with a ladies-only team, will provide you with a safe and comfortable journey. Open 24/7.

SA Cab
A professional transport service for tourists, executives, families and the disabled. Safe and reliable transport. Open 24/7.

Rose Taxis
Established in 1954, Rose Taxis now has 234 drivers operating a 24 hour service, 7 days a week. Rose has become something of an institution in Joburg.

The Green Planet Motor Cab Corporation
The first eco-friendly taxi cab service in the world, based in Joburg.

Gautrain - Rapid Rail Transit
General information on Gautrain fares and timetables to and from O.R. Tambo International Airport.

Rea Vaya - Bus Rapid Transit
Information on Rea Vaya buses, stations, terminals and depots.

▼ Open Sources: Maps & Directory

City Maps
To find travel and street guides to and from Joburg. This also shows atlases, topographical, geographical, digital topographic satellite maps as well as reproduction of antique maps.

Phone Directory
- South Africa directory enquiries: 1035
- Talking Yellow Pages directory: 10118
Joburg online Yellow Pages directory: www.tinyurl.com/32atdeh

▼ Open Sources: Emergency

Roadside Assistance
- AA Roadside Assistance (membership required): 083 THE AA
For alternative motor vehicle breakdown services and road side assistance: www.tinyurl.com/35mnnw

Emergency Contact Numbers
Key emergency numbers:
- Ambulance: 10177
- Police: 10111
For a full list of Joburg's emergency numbers: www.tinyurl.com/38ocvmk

▼ Open Sources: Joburg Blogs

Jobusy
A guide to loving Joburg city. Find the best places to shop and eat, as well as what to expect when visiting Joburg for the first time.

South African Slang
If you are struggling to understand our uniquely South African language and sayings, visit this site for all common South African colloquialisms.

Jhb Live
An online guide to Joburg, featuring urban content from Joburg writers to artists.

Toodoo
A daily updated online guide for things to do today.

▼ Open Sources: News & Information

Local News
Keep updated with South African news. www.news24.com/SouthAfrica

Weather Forecasts
Today's weather forecast for Joburg will help you decide what to wear and when to treat.

Radio Stations
Find all Joburg Radio Stations. We love:
- Metro FM : 96.4 FM
- Talk Radio 702 : 106 FM and 92.7 FM
www.tinyurl.com/35rfrjd

Free Wi-Fi
Free Wi-Fi Hotspots in and around Joburg. www.tinyurl.com/33e2lrv

▼ Open Sources: Tickets

FIFA Tickets
FIFA ticketing centre locations. www.tinyurl.com/3sdq6ff

Computicket
Online booking for a number of theatrical, sporting and lifestyle events. www.tinyurl.com/lgjf8d www.computicket.com/web/



GALLERY 2
140 Jan Smuts Avenue, Parkwood
T: 011 447 0155/98, e-mail: gots@mweb.co.za www.gallery2.co.za

Carl Roberts: Family Tree, Medium: Bone, Size: 70 x 34 x 24

Advertisement for 'A View from the South 2010' exhibition. Includes text: 'Is it our goal ...? and other related issues', 'Photographs and pastel works by ZWELETHU MTHETHWA', '3 JUNE - 30 JUNE 2010', 'CIRCA on Jellicoe', '2 Jellicoe Avenue Rosebank 011 788 4805 gallery@circagallery.co.za', 'A group exhibition of works by South African artists', 'EVERARD READ', '6 Jellicoe Avenue, Rosebank 011 788 4805 gallery@everard.co.za'.